

Date: 1975-1982

Author: Jim Gordon

Category: Gordon and other Talks-Reports

Harold Ray Revealed to me tonight 10-4-76

at 6 mos of age - my - Mother left -  
work leaving me with a sitter and this  
experience was a very terrifying one for me.  
Mom had always been with me - never been  
separated from me really before - and all of  
a sudden she was leaving - Panic - Rage -  
FEAR - In a strange woman's arms - crying  
watching my mother leave - Crying myself  
to sleep - This developed into a deep fear -  
a fear which later showed itself at 3 or 6 years  
when Dad left me at the Barber Shop &  
I inside - Panicked - fearful Dad would not  
return for me - a feeling of being deserted  
as before - Now I am afraid of people -  
and relationships - commitments etc - because  
I am fearful never fearful of being left  
alone on my own -

Oct 7-76

Med. on Harold Ray - Said to be prepared for next 3 weeks -  
Revealing to me of Ray -

Oct 16-76

Harold Ray explained to me:

In the development of energy of the soul - the Animal being soul  
first works through several expressions - a group -  
later as it perfects itself and come close to its time  
of humanization - it expresses in only 1 or 2 beings of  
expressing. The same with man's soul energy  
In the beginning and middle stage its soul  
express through many channels - then as development  
perfects one soul towards mastery the  
soul express in one or two beings only -

Oct 10-76 cont.

First meditation linking up with H.B. and Frances.

First did breathing exercise then linked w/ H.B. + F.  
then we merge in the golden lotus in my heart  
We became more at one as then we began linking  
up with many great masters and Teachers  
throughout the world and prayed for peace  
and harmony for the world and an ending of  
world trouble by the board of karma.  
Then we began meditating inward to the "One"  
and H.B. showed me how to reach the first  
level of the sacred forest and walk on seeing  
the inner light. Then we merged with the  
inner Christ.

Oct 24-76

H.B. showed me the evening while in  
meditation link w/ H.B. + Frances. - showed me  
about much concerning my mental attitude  
and fears. What happened as a child that  
caused me to develop the way I have emotionally.  
- Remembered Mom leaving for work - no crying  
as a baby in someone's arms - Remembered  
being at Hall's and feeling unwanted there,  
a nuisance - feeling of jealousy - how the  
Halls had this much at home with them  
I didn't - learning through an illness that  
this is one way to get attention from Mom + Dad  
I wanted - so I became sick alot. Remembered  
feelings from Dad made me - about sleeping  
in room with Mom + Dad and how Mom  
used it as an excuse to get out of having sex  
Dad somewhat hated me for this.

→ How the World

The thoughts you find right often in your mind is that which you shall become, for as you program self with thoughts so also do you draw into you the materials of the universe to create that which you think. In this way mankind today is creating the world for himself, which he will inhabit tomorrow. The man has created the present from his thoughts in the past. You also create with the same thought energy pattern the life patterns which you shall follow in lives beyond this one, influencing incarnations to come for self.

Therefore one of the Council of Inner Light attaches this course, have since time begun, call forth unto all mankind to pay attention to the every thought and to dwell only on the highest. Dwell on the highest of self-action and the world. Only in this way will mankind be able to sweep the influence of negative development toward a more positive goal.

Already through the time of evolution mankind has reached the lowest point in the evolution and has reached the fullest extent of expression in the negative. Now through the process of evolution the energy of development is ebbing and is reversing back towards the positive expression. Eventually mankind and all of creation and man move rapidly into the positive, but first there is a great deal of negative energy to be dealt with and balanced out before the process of evolution can truly be speeded up. That which man has created in thought must be expressed and through this expression create a new positive thought to balance the negative.

Thus do we of the Inner Most Council call forth with a loud voice down through all planes below, dwell on the positive, create, live, act, be positive thus speeding up evolution & life development.

speeding up of the evolution of the plane above

Speech for class given - Sept 22

In Feb. 1962 a child was born which someday will  
lead the world first towards peace and unity  
and then towards destruction.

This person shall be overshadowed by  
the one known as the Anti Christ and will work  
through -

Mankind is ever searching outwardly for peace and contentment, but as long as the search is carried on in this manner, the search shall continue. Mankind is daily receiving the call from within from the center of his being - the Christ Self - to come forth and manifest as the Son of God, but few who receive the call hear and follow through properly to completion. Rather mankind hears the call but misinterpretes it and centers the response to the call in desire on the lower levels of man's being. Some take the response to the call further and begin moving closer to the true Reality and Purpose of Life but hold back for one reason or another, not allowing themselves to reach the Ultimate goal - the Christ Self - But a few respond and answer the call and move beyond the dream and into the Reality - thus becoming again a Son of God.

Heed the call and respond to the best you can daily, striving toward the Higher - Purifying self in the Light of Truth and moving ever closer to the Reality of Life. 7/17/84

8-11-76

Mankind must learn to free his own soul from the bondages of prejudices and persecution. As long as personal freedoms are denied a few the liberation of all mankind shall be only a dream. It must be a goal sought by all for it to truly be accomplished. If the freedom of many small levels of being of few among mankind can only show mankind what is right and what is wrong but it must be all doing and working together to make it work.

If you hold anyone in bondage - whether physically, emotionally, mentally or spiritually. He has to be held in bondage

No man is free until all men are free.  
No man lives until all men live.  
- Lord Buddha, look upon us and help us  
understand life and freedom and guide us all  
so someday all shall know true freedom.  
Not just freedom of the physical but. Black, White,  
Red, Brown, Yellow - rather guide further  
into the greater freedom, where we all shall  
move in peace and freedom within your  
being and love with full knowledge of your  
being and us in you.

Injustice must come to an end, and so it  
shall, when we have felt injustice we strive  
evermore for justice for self and for others thus  
I say and mean. Someday in the future is a day  
in which injustice shall be done unto the  
many so that they in suffering injustice  
they shall strive evermore for justice.  
This may be avoided by learning ahead of time  
this great lesson through happening around  
them. If the lesson is not learned now  
truly it will be learned yet in time to  
come. Thus it is written, thus shall it be.

I also warn nothing can be forced for when  
something is forced, it is not unfolded  
properly according to laws of evolution  
and development - thus it will not survive  
and bear fruit. Can you force and blossom  
to open ahead of its time, and still have  
the same beauty of the flower. No, so  
it is with man and his development.

JIM GORDON - AUGUST 9, 1976

Mankind is ever searching outwardly for peace and contentment, but as long as the search is carried on in this manner the search shall continue. Mankind is daily receiving the call from within - from the Center of his Being, the Christ self - to come forth and manifest as the Son of God. But few who receive the call hear and follow through properly to completion. Rather, mankind hears the call but misinterprets it and centers the response to the call in desires on the lower levels of man's being. Some take the response to the call further and begin. Some take the response to the call further and begin moving closer to the true reality and purpose of life, but hold back for one reason or another, not allowing themselves to reach the ultimate goal - the Christ self. But some (a few) respond and answer the call and move beyond the dream and into the reality - thus becoming again a Son of God.

Hear the call and respond the best you can, daily striving toward the higher purifying self in the Light of truth and moving ever closer to the Reality of Life.

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MOTHER THERESA

JIM GORDON - AUGUST 8, 1976

Today a great event took place which was the climax of an eventful week and which helped to introduce a very high energy level from the higher planes down to the lower planes of life, helping to balance out some of the inharmonies surrounding this planet.

With the 41st Eucharistic Conference Mass a great amount of Christ love and wisdom was introduced to your levels of life. This was done to introduce the White Light into many hearts and help others who are on the path receive an inner strengthening. Many high souls in physical bodies spoke to you at this time including the sainted woman and Soul Theresa - Mother of the Order in India. She is a very beloved soul and one who is looked upon by the sick with great love and respect for her hands are in Christ's hands and her heart in the heart of Christ.

# THE ANTI-CHRIST

JIM GORDON - AUGUST, 1976

August 7, 1976: It is of utmost importance that I begin now to put down on paper my thoughts and feelings - my intuitive impressions and visions down for others - for my time may be limited in this incarnation and what I have to offer may help others to be ready; be prepared for the trying time to come, if what I see, feel and intuitively receive is correct.

There walks upon the Earth at this time (8-7-76) the one who will serve as an instrument of him who serves as the Great Deceiver of life - the dark side of man's nature, the one known as the Anti-Christ. His days are truly numbered but what he has planned for the few remaining days of his time here is truly frightening to see and yet will serve to mature many souls and the Earth itself in its evolutionary growth. He shall rise up in ranks in politics and in religion he shall be known and looked upon by many as wise and great in service for humanity. His time is now busy with growth and maturing of the physical body and learning all he can that will yet aid him in his venture of conquest of this Earth. In the early 1980s he will make his first real move before the public to be made known as a great person of wisdom, one of truth and service. He is very clever and wise in his action and shall not attempt to move quickly up in ranks of control, but rather he will move slowly, securing his hold of each office of power he obtains until he finally gains the power and control he desires.

Europe shall be united and Rome established as a great city of power once again. He shall move slowly and be sure of the hold he has before moving on. Then he shall move his control outward until

many of the Third World powers will succumb to his power and "wisdom" and in many areas he shall be acclaimed as great.

Many rumors of the New Messiah shall be heard as he speaks and spreads his words. He shall gain a great foothold in the religions of the world for he will impress many with the great wisdom of spirit that he will speak. The West shall come more and more under his influence until the 1990s. By then there will be a large portion of the Earth under his influence and control. The East as well shall give way to his words but in Red China there shall be resistance to his world peace, for his words shall be against the beliefs of the Red Chinese.

At this time pressures shall build upon the Earth among the governments and the people and the beginning of the downfall of him, "the One who Serves the Shadows" shall begin. There will also be great pressures at this time from within Russia to regain control over the Middle East, as they have so desired in the past as well as in the present. Soon the Great War will be at hand.

The people of the United States will be greatly suppressed for they will be losing many of their freedoms. Many shall realize who he that rules truly is because of this. Much of this inner turmoil shall center in Colorado.

Finally between 2011-2020 much will take place for a change over from the power of the Server of the Shadow to Him that shall come, the Server of Light. The one who shall first come and deceive the people, though his intentions are eventually for the negative, will evoke many positive events in the end. There will be a governmental system which will unite the governments of the Earth into one. As well, the movement toward one united religion shall arise first to serve and worship this man of the Shadows but eventually

to serve the Leaders of the Truth and the Path of Light.  
The events to happen under the Anti-Christ will bring great changes to mankind and to the Earth. Much negative karma shall reach a point of climax and pass through the Earth and man, releasing all in their evolution to be freed to move forward into the positive karma along the path.

The Anti-Christ is tall and dark, I believe from the Middle East. He is slender and has a drawn face. His close companion, servant and friend is short, dark, a little stout and maybe in some way handicapped.

I believe the end of Papal reign and the dominion of the Dali Lama is soon to be at an end. Mankind will first look to the Anti-Christ as the great teacher and then to the Greatest of Prophets to come, and then to the Christ of onesself.

Much is in store for mankind and Earth and it is up to us to make the best of it.

Afterthought: He shall contain much mystic knowledge and shall use it. He shall know others inner thoughts and intentions. He shall be very dangerous for he shall use these inner great gifts to work against mankind. Miracles and inner knowledge can be used for good or bad - it is up to man.

REINCARNATION - JIM GORDON

Coptic Tape @ 1980

*South Africa*

In order to explain reincarnation, I've got to share with you my personal experience. It's only in that way that I have learned that I can share with you the lesson. When I first started going to that university on the mental plane that I talked about it was about 18 years ago. The first time I went my own master came to me, took my hand at night, took me through the astral and into the mental plane and introduced me to this university.

The first class I went to was on the evolutionary process of man. It was the master of my master who was teaching it that night. At first I did not know I was in a class on reincarnation because my master knew that I would rebel to the teachings on the principles of reincarnation. I had always been taught from the time I was a young child that you lived the one life and you live it good and then you get your reward. And he knew that I would have a conflict between my conscious mind and my emotional being as to what I had related to in this life and to the principles of truth that needed to be given to me so I would understand the reality beyond this one better.

So he started off in this small class of seven people with his master and his master began to explain the evolutionary process of the soul. The first few nights, he began to show how when the soul was created and left God - left as a spark of the Divine Principle - it began to go downward into the different levels of creation. Now these levels developed over a period of eons - millions and millions of years one at a time downward. And each time a plane was manifesting into reality, the souls moved and began to register with that plane

of existence, and to create, if you will, a body to have reference to in that plane. They did not experience nor learn much in the downward process. It was just a matter of aligning themselves with that plane, acquainting themselves with that energy and developing a body of reference to work from later on in their development. So over the millions of years, plane by plane by plane, the soul developed until it came down into the astral-emotional double etheric plane.

And then the physical reality came into being and it was time for the soul of God, expressing as that divine spark to go forth and begin to experience in the material plane. Just as it had been developing reference points all the way down and experiencing to some minor extent all the way down to get a little bit of an understanding of creation; so it was then necessary in the evolutionary process of the divine spark to begin to understand this physical creation and how it works and how to work with it and control it. So the souls began to move into the mineral kingdom. Now they did not ensoul a rock, but they attached themselves to a rock, if you will. And they began to learn through observation what mineral goes through in its evolutionary process. And mineral evolves just as all life forms evolve. A stone is a living organism. We can't see it move because it moves ever so slowly. And we can't see it evolve because its evolution is very slow. But it goes through a process of evolution through hundreds of thousands if not millions of years. During that time the souls are learning about the creative ability at the mineral kingdom and about the evolutionary process that they must learn at the mineral kingdom. Eventually, when those lessons are learned, they go into the plant kingdom. There they begin the whole process once again - learning about evolution - learning about life - learning

about creation at that level of the kingdom of God. For the first time they begin to experience some movement, some reproductive qualities, some sense of awareness in a nervous system form. And over the time of evolution they begin to register within themselves an awareness for the first time. From there, as the awareness grows and expands, they move from the plant to the animal kingdoms where they overshadow an animal and experience through its movement, its pain, its joy, its reproductive qualities - all the different acts the animal must go through from killing for its food or whatever. And it begins to develop an emotional nature to some extent - a fondness for its mate - a fondness for its children, but its on an instinct level and not so much on a true astral-emotional level. But it's the beginning seed of the development of the emotional body of man.

I enjoy the animal kingdom quite a bit as I do with the plant. The animal kingdom is quite interesting and if you observe them closely, you can tell where the soul is in its evolution. In the canine family you usually find that the higher souls are usually ensouled in either German Shepherds, Collies, Dobermans. Chimpanzees, dolphins, whales are some of the highest evolved animals. In the bird kingdom, it's the eagle, condor and the hawk. Over a period of time, after they have achieved a complete awareness at that level and can go no further, then the soul takes on a divine nature. For the first time it becomes aware of its divinity and realizes what it is that it's trying to achieve. And at that time it becomes what is called an individualized spark of God. The breath of God is breathed into the flame and begins to evolve toward Godship with awareness. And this is when it becomes a man in flesh. It begins to move into the physical body of a man and experience all the different principles man must go through to learn on a physical level,

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on an emotional level and on a mental level in order to achieve spiritual awareness.

At first I accepted the whole evolutionary process real well. Until finally, one day the master was saying, "And then after the soul has left this body, it goes back into the astral or mental levels and begins to analyze what it has gone through in a physical expression." "Once it has analyzed that and learned the lessons from it and decides the next lessons it wants to go to, it reembodies once again."

A wall went up! Reincarnation!? It's impossible. I got up and I left the class. I couldn't accept what he was saying although I knew it had to be right because everything else that I had learned up til then had been so. But I couldn't accept it - emotionally I had such a conflict. So my master came and took my hand and took me home and left me alone for a whole week to fight this out. And when he came back to me a week later he asked how I was doing. And I told him that I just couldn't accept it -- that it didn't seem rational - that a soul would have to come in again and again and again to learn all these lessons. To me it was a one life, one principle experience and then on into whatever from there. So from there he took me to a field in Nova Scotia. It's a field that man has never stepped on before and we often go there just to talk. We sat there each night for about three weeks and we just talked about different things - about creation and principles and finally he said to me, "You're in the seventh grade. What would you do if when you graduate from the seventh grade, I give you an exam that a college student has to take in order to pass?" I told him I'd flunk - I wouldn't understand what they understood. And he said "How is it possible that a soul can go through one life and learn *Everything in that one life about* the physical aspect, the emotional 4

aspect and about the mental aspect in order to become a co-creator with God. And for the first time it made sense. Just as I had to go through 1st, 2nd, 3rd, 4th grade on through to get my college degree, so the soul begins at kindergarten learning about the physical ways of life and goes through all levels of life, body after body, after body, until finally someday he achieves that college diploma and does not have to return once again. And so that is what the principle of reincarnation is all about. It's very simple. Each life is a lesson or a group of lessons that we are learning. And if we learn those lessons then we graduate from those lessons to another set of lessons - maybe not in this body - maybe in another but the lessons continue until finally we achieve a complete balance in the physical, the emotional and the mental and we have complete control of them through a spiritual aspect of understanding and no longer have to return. Finally I was able to return to class and the master began to explain to me from there the process of evolution that humanity goes through in order to achieve this development and he said "Life is like a spiral, but it isn't a level spiral - it's constantly going up and down in this spiraling motion. And man begins in this physical expression learning about the physical laws of life and he goes in an upward cycle to learn and in a downward cycle to see how much it is he has really learned in his learning process. In the downward cycle he pulls away from the learning and puts into practice that which he has learned. I'm sure if you go into these spiraling motions where you read, you absorb, you learn, and then where you reject everything and only experience - to see what it is you've really learned. From there you go back to an upward spiral of learning, absorbing and growing and in a downward cycle of putting to the test that which you've. As above so below and over the expanse of evolution you go through the same principle of evolution in one

lifetime. So you go through these upward and downward cycles just as humanity must go through. One circle is 25,000 years and if you look at the process, you can see where Atlantis was on the high cycle 12,500 years ago approximately - and that we have just reached the downward ebb. Mankind has gone through the Dark Ages all the way down in his evolutionary process to see what it was he learned in his upward swing in the Golden Age of Atlantis. Now he has analyzed well that which he learned and that which he misused and he has begun to move upward again into the mental reality once again - learning to use the mental capacity. This was the development and the analyzation of the astral emotional. Now we are moving inward toward the mental and going on up into yet a higher understanding of the three aspects of man in the physical, emotional and mental. This will take approximately 14,000 years to get to this level of awareness. But when we do, we will then enter into a new Golden Age where man will have learned to conquer the astral, emotional and begin to develop truly into the mental. He will then be a total mental being while now he's a total emotional being. Before that on the cycle he was totally physical. The total physical aspect took 18 million years to evolve properly. How long it will take for all the other is up to you. You can evolve slowly over a period of time along with humanity on this spiraling cycle up and down through many, many lives. Some people in that 12,500 years have lived 500 lives. Some people have lived 2 lives. Some people have lived a thousand. It just depends upon what it is you're trying to achieve, what it is you are trying to learn in that process of learning and spiraling upward as to how many times you will come in.

There is also in the Bible a path called the Straight and Narrow. That path leads you to the center of the spiral where you don't have

to go through the upward and downward evolutionary process of humanity. But rather through meditation and through inward development you can go the straight and narrow path as on the chart of the chakra system, the kundalini represents the straight and narrow path - so too, in the evolutionary process, by following the kundalini upward to the mind center and then upward into the spiritual, you can bypass all this evolutionary circling upward. After we went through all these lessons, he then began to show me - after I had accepted the principle of reincarnation - many of my past lives. Some were really good and some were really rotten and I wish I hadn't seen them at that time because it really brought me down. But from them I really learned a great deal. And then I began to see in peoples' auras who I had a karmic association with.

Now I've been talking about karma quite a bit. Let me explain a little bit about what it is because it's a very simple principle but we tend to confuse it in our minds quite a bit and lay too much on it. As I said, for every action there is a reaction and that is the law of karma. For every action there is a reaction. If I drop something it's going to fall. If I want to pick it up I'm going to have to bend over to pick it up. I'm going to have to create an action to move and a reaction to come back up again. Otherwise, I would just stay down. If I drop a pebble in the water, the water's going to ripple outward so far until it reaches its boundary and then ripple inward. For a reaction there is a reaction. And so it is in our lives. With every emotion we express, with every thought that we express, with every physical act that we express, we create an energy action and for that the energy must go out and bring back a reaction unto us. If I do good, good will come to me. If I do bad, bad will come to me. And that is the law of karma. Now what you are trying to do with the Law of Karma is to achieve universal balance of energy. Mankind and humanity go through a process of evolution

where they swing totally to the positive and totally to the negative in his experiences. You can see that within the evolution of humanity and within your own life once again - where you are totally positive or totally negative toward ideas or events in your life. And what you want to do is to achieve a perfect balance where you're neutral. Where you are neither positive nor negative but neutral on the straight and narrow path. It's at that point that you can achieve spiritual liberation and no longer have to return to the physical world.

With karma, you're trying to neutralize. You sent out a positive energy so a positive energy is going to come back to you. It's up to you then to take that positive energy and neutralize it through awareness of what is happening and to learn the lesson. If you send out a negative power, the negativity comes back unto and you must take that negativity, learn its lesson and neutralize it. Otherwise you are on a constant pendulum, back and forth, back and forth, and it creates a spiraling motion of upward and downward through the back and forth motion. This takes eons - this takes maybe one to four lifetimes to accomplish.

Now, why is it so important? Why not just go on with the every day routine day after day, life after life, millenia after millenia until finally humanity comes to spiritual awareness - God-awareness, and once again becomes united with God? Personally I don't want to have to go through all that. I've been through enough to get to this point. And I personally don't think I want to go in all these other cycles in order to learn when I know personally that I can go within and learn all I need to learn very quickly and move on out. I might choose to come back to help others learn and move out as I did but first I've got to experience it in order to show them the way. So this is the challenge for everybody. You can either fall into the pattern of reincarnation and just accept it and say well, "I'll just

go ahead and go through the cycles of evolution and see where it leads me and be lazy about it"like humanity has been in the majority or take that straight and narrow path and go within in meditation and begin that straight and narrow path. Straight is the path and narrow is the way and few there are who follow it. It's because it's a hard path to take but it's well worth the effort. In your life you find that you have groups that you feel very close to and you have certain people that you just can't get along with. Rather than struggling with not getting along with them learn to project love into the situation and the person and try to bring about a balance in that relationship because probably somewhere along the line you two have experienced a very negative situation and created an imbalance in your growth pattern and so therefore you are dealing with this swinging pendulum energy between you two. And if you will take the energy and neutralize it through love, the pendulum will stop swinging and the relationship will be worked out. You may never really be friends in this life but in the next one you will begin to develop a friendship with them. And then there are those groups that you feel very harmonious with. And these are the groups that we have evolved with over a period of time - that we all are growing at the same level - we feel very comfortable with and enjoy the comeraderie and friendship with those souls. So when we are in the physical, we come together and unite to grow together in consciousness as we have in the past - sometimes in spiritual groups, churches, in school, whatever. And this is a karmic association as well for the good. Learn from that because there is a lesson from those people to learn, just as there is a lesson to learn from those you are having a struggle with. And in this way you balance that karma and no longer have karmic associations to be worked out in the future. Are there any questions on this?

Either I've completely confused you or I've answered all the questions.

Well, I don't really have that much else to say on reincarnation then. It's a very simple process. It's something you just have to work out within yourself - to come to an understanding with. It took me quite a while to accept the principle. And if you ~~don't~~ don't accept the principle now, just set it on a shelf somewhere - don't throw it away. Because someday you'll be able to take it down from the shelf and look at it again and maybe it'll make a little more sense to you.

And that's it - thank you.

Spring 1981

There are many questions within the mind of people today concerning salvation and the path of the soul back to God. So let us look at salvation and how it relates to the individual and the world. If you look up the word salvation in a dictionary it states, "1. a saving or being saved. 2. a person or thing that saves or rescues. 3. in theology the saving of the soul from sin and death as in Christianity by the atonement of Jesus." Truly salvation is the saving of the soul from sin and death, but first we must begin to understand what is we are being saved from before we can understand the saving salvation.

Sin is a subject much discussed but also much misunderstood. So much emphasis is given to sin in our society that often the true meaning of the word is lost in a wave of emotional fear and self judgement.

Sin, put very simply, is any act or thought that separates us from God. What does it mean to be separated from God by sin and how does one overcome the separateness sin creates in man and God? To better understand sin let us approach it in this manner, sin is a mistake. Throughout our lives we go into the world doing this or that and in the process of doing, we sometimes make a mistake. There are different types of mistakes that we make. Some are mistakes in judgement, mistakes in action and mistakes in belief or understanding. When we make a mistake often we must go back and correct the error or mistake and put things right in order for our life to continue successfully and happily. Just as there are mistakes we can make which affect our physical life, so there are mistakes we can make which affect our spiritual life, and

When we make a mistake which affects our physical life it can lead to separation from friends, relatives, money, possessions, a successful career and even cause a separation within ourselves emotional and mentally. So too, with a mistake or error in judgment we can make which would affect our spiritual life which can lead to separation from ~~our~~ God.

THE TIME IS NOW - Jim Gordon - July 11, 1982

The title "The Time is Now" could also be entitled, "The Year of Change," because really this is a year of change. The way it came about is that a lot of people were calling me about a major event that was taking place this year - on March 10th. If you remember there was a planetary alignment that took place and a lot of people were speculating a lot of different things. Some people said volcanoes were going to erupt - earthquakes were going to take place, major tidal waves were going to come about - just massive destruction throughout the world. A lot of people were even predicting the end of the world at that time.

Others were saying that, "No, nothing was going to happen at all. It was just an astronomical event." For astronomers, it would be great because in the ecliptic plane in one quarter area, they could all observe a lot of the different planets together all at one time. Somewhere in between I found out there was a major truth. I had to meditate and call unto the masters for a long time. I started picking up something of the energy change in November of last year and I knew then that the decision year was on us. That this was the year of decisions, but I didn't know just how it affected us as individuals and of all of humanity. I kept asking and asking until finally on March 10th while in meditation, Jesus came to me and took my hand and said "Now is the time for it to be revealed. Now is the time for you to understand." If only I could share with you the event as it really happened and give you the same experience, it would be wonderful. But I can't. All I can do is share with you a few of the words that I experienced and maybe give you understanding of what the event was all about.

He took me from this planet. We went into the astral and we went up and into the solar system, where the alignment was taking place. And we went past the different planets and I observed the alignment and we looked back into the earth as if you could see the alignment taking place and then onto the Sun. And then we went into the Sun very quickly and there there is a white lodge.

It is the major lodge of the Brotherhood of the Solar System. I had only been there three times. This was my fourth time to go.

It's a major event to go here because in the Council Chamber Hall meetings take place at certain periods at peak points in the evolution of the solar system - where the planetary goes and where many of the hierarchy on the astral from different planets come and meet to convene and discuss the major event taking place and the changes that need to be brought about in order to continue the evolution of humanity and the whole solar system. So as I walked in I was very humbled by the effect of seeing all these great beings present in this great lodge. And after we sat down, Jesus told me only to listen and not to ask a question - that all would be explained to me in time. That if I had any questions to hold back and he would explain to me later anything I had to ask. So as I began to listen, I began to understand what the planetary alignment really meant. And it really meant a major change for everyone. Not in the sense of major destruction and an end to time but rather a change in time.

In order to explain, I will have to go back a little bit in the past of humanity, so you can understand better what the event happening now means to us. As I've explained before, we go through spiraling cycles of evolution. And those cycles are called *yugas*. Mankind, at the time of Atlantis at it's downfall, was going through a change from one yuga to another. And with that change the downward cycle of evolution began for man once again. And at that point, man began to lose sight of his spiritual identity and lose sight of the light of God within. He began to go downward into the darker realms of the mental, the emotional and the physical nature. For these were things now that he needed to experience in his growth pattern of evolution. So as we began to move away from the higher cycle of growth and move down into the darkness, more and more he began to get involved in the physical realm and lose sight of the mental and emotional faculties. Finally, in the year 500 A.D.,

man reached the lowest point in his evolutionary growth downward in this particular cycle. During that time, from the time of the fall of Atlantis to 500 A.D., man was beginning to grow more and more into an understanding of his emotional and his physical nature. And in order to do this, he had to engross himself in that material in order to experience it more. Not that the evolutionary process of man's body changed, but his consciousness changed. His focus changed from the light to the darkness in order to experience the darkness and understand it. The darkest point was between 600 B.C. and 500 A.D. Those were really the Dark Ages for humanity. And even today, they are called the Dark Ages. Man was really in the darkest point of his evolution of this cycle of development.

Then at 500 A.D., we began the upward cycle once again back to a point of light. Once again, man could look upward and begin to see that spark of devinity within himself and begin to strive toward it. This was a major event that took place in the evolutionary process of man at that time - the change from one yuga to another - and the change of growth cycles from a downward cycle to an upward cycle. And just as it took time in that downward cycle from Atlantis for man to really engross himself in the world physical, so it took time for man to let go of that physical world and begin to move upward. So hierarchy gave mankind a thousand years in the first yuga period to begin his growth pattern upward and to allow himself to evolve the way he wished to - toward the light.

Then, 500 years ago, around 1498 a great cycle began for man. A planetary alignment, much like the one that took place on March 10 of this year, took place then. With that alignment, an upward cycle of growth began that man had not experienced for something like 14,000 years. At that point in time, what took place and what took place on March 10th of this year as well, is that our own soul and the soul of this solar system (the sun as well as the planets of this system) aligned itself with what is called the central grand sun - that is a point in the center of the universe from which creation emanated forth from  
... of ... physical existence. Once in a great while, evolution

needs to be changed to progress and an alignment like this takes place.

Minor alignments take place quite often in the solar system as we align ourselves with our own solar system and the sun itself. But only once in a great while does a major alignment with the central or grand sun take place. In the process of aligning with that, we also align ourselves with the many levels of the hierarchial councils that are between our own solar system and the central grand sun. With that alignment, a great flow of energy began to come forth into the Earth, both back in 1498 and again this year. This energy comes down and brings about a great change in the evolutionary cycle of man. Not only on a group level, but on an individual level as well. So that's why today, you see so much change taking place, both in the world, throughout society and in yourself, in your own life. Because this is the year of change.

Just as a yuga announces a change in our cycle of development, an alignment, in a sense, gives a burst of energy to that yuga cycle and gives it an upward swing and a force behind it to keep it continually growing forward and upward. Without that burst of energy, you would probably become stagnant and be satisfied with the status quo of society.

When the first alignment took place, back in 1498, it introduced the Renaissance period in man. The energy had already begun to manifest on the Earth through a few individuals, who were sensitive enough to be aware of the change that heeded to be taking place within man and society. And they announced to the world the Renaissance. They brought forth new ideas, new concepts and tried to bring about a change in the old pattern of thought and emotion. During that period, humanity as a whole, rebelled against that change and so we had the Inquisition. Those that did not want change rebelled and fought back and tried to kill out those that wished to change. But fortunately change went forth and evolution continues, growth continues; they can not be stopped because it is the cycle of the light (?) breath of God itself that must manifest. So

those that fought and rebelled finally had to leave for a period of time in their evolutionary cycle in order to contemplate the wrong and the harm they were doing. That allowed the change to come forth much easier and man began his growth cycle at that point, toward an upward swing, stronger than before.

Now, those souls from the inquisition have returned. It is another chance for them during the cycle of change to flow with it rather than to rebel against it. You will see throughout society over the next few years, many people who are going to fight the change needed in the world. And you will see those who respond to that change properly and go forth and try to present it to humanity. When you see this happening support those that wish for change. Work to bring about the change within yourself and in that way you can help change humanity as a whole. Don't fight those that wish to fight change because you will only give them power and strength to work with. Rather flow with the energy of change and they will have to come along with you or leave again. That is their decision - not yours. So don't take their life into your hands. Give them the choice to choose as you have the choice to choose. Only grow to respond to that change properly.

This alignment means a great many changes in everybody's lives. Relationships will change again. You will see old friends leaving us and new ones coming into our lives. And it will be up to us to flow with that change whatever it brings. It isn't easy often to flow with change because very often it can mean a very personal change within yourself, which brings conflict on an emotional and on a mental level. But if you run from it, you only slow down your own growth of the soul toward the God that you are. So whenever you feel that you are beginning to have an inner struggle, go within and go beyond the emotion and the mind and go to the soul itself, to the source, and find the reason for this change and learn to flow from the soul and not from the physical. If you flow at the soul level, it is very easy to go through change. You don't have to fight your way through it. I learned this lesson yesterday because my master

wanted me to present one thing and I was determined to present another. So for the first time in a long time, we had a conflict. It was only because my ego was standing in the way and I was fighting what needed to be done. And so I again learned another lesson about flowing with the change. As long as you allow the soul to flow to express, the change is easy. Once I sat down back there on the floor, I said, "O.K., What do I do. I can't stand this anymore" and I gave myself back to my soul to do it. And it was done. The problem wasn't there anymore. It was self created. And once I let go of it, it didn't exist. And most of the problems we have, we create. We maintain them only because we keep seeing that energy. Once you let go of it, it is just no more.

So I sat down in the council chamber and began to listen to the masters talking. They began to lay out a <sup>pattern</sup> ~~plan~~ for the solar system and its evolutionary plan for the different souls on the different planets, such as Saturn, Uranus, Mars, Venus and so on. And then they came to Earth and I found it very enlightening because they began to unfold before me the many changes that man will go through. There will be many changes both on a personal level, as I have said, on an economic for the world as a whole, for governmental system change throughout the world that will affect us all. There will be upheavals and changes throughout the religious community that will affect us all as well. And it will be up to us to flow with these changes. If you fight them, if you rebel against them, you only hurt change, you only hurt humanity. Look toward the best in all change and you will find that there is good from it. Believe it or not Communism has served a good purpose because it has upgraded the evolution of man in many areas of the world that were still living in the Dark Ages. It has brought them up to a point now where they can begin to grow into liberty and freedom for themselves, where before they did not even look for that. So Communism, even though it seems to be harmful, has done some good. Always look for the good in everything and you can find it. It may not seem to be good at the moment, but you have to look over the whole picture of man's

cycle in evolution and then you can begin to see the good in all. Sometimes a personal change in our lives seems horrible and we want to end it all to get away from it for it seems there is no reason to go through it. But if you look at the change properly in the overall scheme of things, you can see that for the soul and for yourself it is truly beneficial in your growth.

So this alignment means a great deal more to each of us than we thought because it gives us the chance to grow and it gives us a new boost toward spiritual enlightenment that we didn't have before. The doorway for the Holy Spirit to go forth and touch each individual has been opened wider this year than it ever has been since Atlantis fell. Now, with this new force coming down from the central grand sun, the Holy Spirit begins to sparkle within us and helps us to see that spark, the Devine Presence, so that we can strive more easily toward an eventual awareness of it and live in that light.

The time is now for change. Flow with it and you will grow.

I am now going to do something I don't normally do and I am going to ask if there are any questions. I will try to answer a few.

Q: You mentioned that there would be changes - politically, economically, socially, personally. Could you identify what some of those changes might be so that we might have a better idea of what changes to support.

J: On the financial level, the hierarchy is working now on a financial monetary system that will be worldwide, rather than each country unto itself. They have planned a banking system that will go through several changes before it finally reaches its ultimate level of success. Throughout the ages, hierarchy is always experimenting. Hierarchy knows a lot but they are not perfect. They still don't know everything. So, what they have to do is experiment with us. We are their laboratory. They set up certain

governmental systems, they set up certain banking systems and they experiment with them and try them out and see which succeed and which fail. They take the good and then they develop the new from that. Of all the systems of banking that they have developed over the years - throughout all humanity's time, they have learned a great deal. So what they have done now is they have brought forth a new council on the inner planes headed by the master Abbazaar, who is working with certain individuals on the planet trying to develop a new financial and economic system. You will see a big change not only in our country but throughout the world. Our country tends to lead the world and our country will lead the world into a new financial change. There may come a time when our financial dependence upon the world will mean that we will have to change our own financial structure in order to succeed and to continue. Again, flow with that change, don't fight it. It may mean hardship for a while and then again it may not. It depends upon how we, in this humanity, respond to that change.

On a governmental system, they are working now again on a worldwide governmental system that will work with the banking system. Right now, there are a few corporations throughout the world that really run the world. What they are trying to do is work through that system and inspire through a spiritual sense a change towards the better. They are working through this system to bring about individuals through the companies and through the governments that will have one mind and one goal for humanity. That goal will be for the better and not the detriment of our development. Much change and much upheaval may come about through these changes but it's necessary in order to bring about the change.

Q: (Can't hear it very well) Animal kingdom is subject.

J: What is taking place now with the animal kingdom is that they have begun

to leave the physical planes of Earth. The animal kingdom, for a while, served its purpose - say for about the last four billion years, it's been working toward this day in evolution. The animal kingdom has been a doorway for a soul to grow and become an individualized soul as man, but now, because of the upgrade of the evolutionary process in man, the animal kingdom's doorway into humanity has been shut and their evolution, as it continues, is moving outward towards another planetary system or somewhere within our own solar system. There are two planets now where many of the souls, as they individualize, from the animal kingdom go. If they do not choose those two planets, then they go elsewhere to another planetary system east of here ~~to~~. Each soul, because there is no more doorway opened for them to come into humanity as such for their growth, you begin to see the extension of the animal kingdom on the physical planes of Earth. Eventually, there will be no more animal kingdom because their need here will be no more. The plant kingdom will remain only because we need a source of food in order to maintain a physical body. There will still be an astral animal kingdom on the physical planes of Earth in which they can continue to grow, but on the physical plane, their growth pattern has ended. The love for humanity that they have is a response to their growth inward and we leave that love as well. But now, it must turn upward rather than downward to the animal kingdom for that love.

Q: What kind of time period are we talking about for this change.

J: The state of change as I've seen it now - the last state of change lasted 500 years. If I remember right now, this yuga lasts until around 3900 something, so I suspect that this cycle of change will last for at least 500 to a thousand years but I have not been told really. But I would

not be surprised.

In a yuga you have 25,000 years. You have 12,000 years of an upward cycle and twelve thousand years of a downward cycle so that the soul can find balance in the positive and negative flow of energy. It gives us a chance to experience both the highs and the lows in our development. We continue to go through these different cycles time and time again until finally we reach an ultimate awareness that we no longer need to go through them but we can go beyond them. The way to go beyond them is to step in the center of the cycle and to go straight up that narrow path that I talked about before the meditation. That's the only path of liberation on the wheel of rebirth. The wheel of rebirth are the cycles. The path of liberation is that path between the cycles in the center of the cycle that leads us upward through meditation. And until we choose meditation as a way out and liberation, you will continue on this 25,000 year cycle time and time again. A lot of people are looking for Atlantis to come back very soon. I hate to say it but we've got a long time to go before the next Atlantis really exists here on this plane.

Q: (Unintelligible) Positive and negative side of something.

J: The positive side of it is to try to make humanity more aware of his responsibilities unto himself, unto his neighbor and unto all humanity. They are trying to make us aware of the fact that we have a certain respect that we owe to this planetary logos that we live upon. And we have to learn a new respect and when we learn that new respect things will change as will our governmental and financial systems. This is why I was saying that hierarchy now is starting to enfold people into those systems so there will be a new spark of understanding - striving to bring about a change in their outlook - to bring them up to more of the spiritual

level. You have to go through cycles of growth. Just as you as individuals go through cycles of growth, some of the governmental and financial systems go through change. Some for the better - some for the worse, but between those two we will find a balance and then we will come out the winner.

Q: ?

J: I don't think the time will ever come totally to reality but if it does, I'll make the decision then, I'm not going to worry about it now. That's in the future. I am going to concentrate on what I'm doing now and I'm going to do my best to keep that from happening by living in the spiritual realm and manifesting on the physical. If I dwell upon the 666 and who it's going to be and what's going to happen, I am just giving that power to it rather than to keep it from happening. So dwell on the positive. Don't worry about whether that's going to come about or not. That whole cycle, if it does come about, is really for the betterment of man because he will grow from that experience. He will grow from the negative aspect to see the positive - to see the light. And it will give him a desire to go forward into the light. We do not respect our liberty here in this country today but if you go over into Communist countries, you will see how much they respect the liberty we have. It's only because they do not have it that they want it and respect it. We may have to do without something for a while in order to learn that we really do want it and respect it. And then we will use it properly once again. So don't dwell and get tied to it but live for the positive and live to flow with the change and don't fight it.

Q: You said Christ took you by the hand and led you. Can you tell us...  
(tape cut off or erased here)

J: ...It was quite an emotional experience.

Q: What does he look like?

J: Very similar to that picture only that he has darker eyes and darker hair. Otherwise, the structure that he presents himself with is very similar to that and that's about the closest I've ever seen in a drawing to what he really looks like. But really, it's not his physical appearance that means anything, it's the love and the beauty of his soul that really sparks the change and you can really feel from him his love. He doesn't really have an astral body - he projects an image through his mind of an astral being but he doesn't really have one anymore. He can manifest one in light for a moment but that's about it. And what we do is usually we meet on the higher astral and then he takes me into the mental plane, where there's no more requirement for a physical presence and that way it's just an energy exchange, an energy presence and then we travel.

Q: You said this would also include biological and genetic changes.

J: That's a long way down the line but genetically there will be change on the Earth. Eventually you will see the spinal cord change, there will be a couple more chakras added to the system in the spiritual body. A lot of changes will be coming about but that's way off in the future. It won't happen for some time. Genetically we are beginning to gradually change even now. Unfortunately, through the food we eat and through some of the medications we take, we are changing it for the worse.  
(Interruption in tape - someone has taped over - a child named David)

J: ...the real announcement of this presence took place with the alignment and this is one reason there are so many masters in the physical plane today, because this alignment means so much. The Lord Matraya is working through man on an emotional and a mental level as well as one a physical level to bring about change for humanity. If you look in the past year you will see that a new force for world peace, anti-nuclear and stop hunger, stop famine has begun. It is through the Lord Matraya's energy that this is happening. He doesn't have to go on T.V. and say, "Here I am folks, what do you want me to do and I'll do it." He's giving it to you to do. A master never does it for you. God, I wish that we could hold on to that because so many people want it. (laughter) The master gets the idea and you do the job. And that's what he's expecting us to do now. The change that has been presented to humanity, humanity is responding to in this way. And the Lord Matraya is very much behind this flow of change towards world peace, world balance. That is his goal and that is what he and all the masters in the hierarchy are striving for. But they give it to us to do. They will not do a thing except inspire us on, guide us and show us some of the steps to get there. When Jesus was alive as Jesus 2000 years ago, they wanted a king to go forth and take over the palace and rule the land, set up a new government, and bring about a Jewish kingdom in Israel. But no master wants that. He's here to present change as Jesus did then. He offered that change on a spiritual level and not on a physical and it will always be that way. We are, in a sense, the body of the masters and it is through us that that change will come about.

Q: Hierarchy?

J: There are different levels of hierarchy. The hierarchy I am speaking of on the planet are souls that have gone through the evolutionary process

either elsewhere or on this planet and have come, in a sense, to help the evolution of man here. They are dealing only with the evolutionary cycles of man and trying to upgrade them - a part of the rebirth cycle and into the awareness of spiritual liberation. Then they turn it over to the individual master of the soul to take that soul and liberate it. Then there are other extraterrestrial hierarchies that have nothing to do with this planet and have never experienced on this planet, but yet at times we do align ourselves with them at certain focal points of evolutionary cycles - when we and they are at one in our evolutionary growth, such as this year.

Q: ?

J: Some of the souls of the Inquisition and other souls as well are not ready for the New Age cycle and the new age enlightenment. It means an upgrading of the vibrational pattern of the body as well as of the soul. And a lot of people are not ready for that so what they will do is that they will drop away from the evolutionary cycle of the Earth and they will either rest for a period of time in the astral while the Earth evolves once again to a point where they are comfortable to come back into it and begin their growth or else they will go elsewhere for a period of time to continue their growth on another planet elsewhere.

Q: Extraterrestrials - space ships, etc.?

J: Jim Hintz is an expert on that. Let's see, they are observing and watching over the evolution of man. In a sense they are observers for certain extraterrestrial hierarchy elsewhere. They are concerned about the evolution of this planet only because it affects the overall evolution of a certain

area of our local universe. Therefore they are overseeing the evolution of this planet and trying to upgrade it as best they can. It's a very complicated thing to present because there's so many different types of beings that are coming to observe. Some are learning about us as well, some already know about us and are just trying to help us change.

Q: ?

J: I doubt seriously, because there's no need for it. Most of the crafts that they talk about are extraterrestrial crafts that are astral and not material. Most of the beings that come from other planets are really astral beings and they use these vehicles as a source of travelling in the astral. Just as we have to have vehicles here to get around, a lot of times, when you are in the astral state and that's your focal point of expression, you also have to have a vehicle to travel with there. So many of the vehicles that are seen and heard and whatever are really astral rather than physical. There are only a very few physical in existence that are travelling here at this time. But they are overseeing - they are watching us - they try to influence us the best they can but they have to work through the planetary hierarchy and get their permission to do it, because the hierarchy is in control of this planet and its growth and no one is allowed to come into this evolutionary cycle here without going through the Lords of Karma and the Council of Shamballa for permission to affect the evolution. So they are working very closely with hierarchy.

Q: Why has the concept of reincarnation slipped from the consciousness of most people?

J: Most people are not ready for that awareness. A lot of people would misuse it. The church removed it from their teachings for two reasons:

1) They looked at it and saw the damage that it did. A lot of people were very content to say, "In the next life, I'll do it. I don't want to mess with it this life." So, it got to the point where it was bringing about a downfall of civilization rather than upgrading it. So they felt it would be better to give man the idea that there was just one life and that we must do the best we can with it. And in a way, it was with the backing of hierarchy that they did that, because the idea of the evolutionary cycles had been so degraded that man wouldn't really be presented the truth. Jesus tried again to present that truth in his own way in Israel, but again it lost followers pretty quickly and so it was thought to be better to present it the way they did than to present a wrong idea of it. There was also a little way of control - if you believed that you only had one life and that it was through the church and through your priest, then you could obtain eternal life, then you would give anything and everything you could give and the church needed the monetary structure, it needed to power to do this, to gain that control. And you soon had souls that were coming in looking more for the power than for the good of humanity, which also played a role in that.

Man will always come into the awareness of the rebirth cycle when they are ready and not before. You can present it to a lot of people but only a few are going to be aware of it. I've talked about it in many lecture hall in many places and I find that a lot of people will fight me on it today and will be with me tomorrow. Only because they are not ready today but they will be tomorrow.

Q: ? You said a period like Atlantis wouldn't come along for a long time and that it would take a while for government and banking to change.

Q (cont) What will be happening relatively soon.

J: It's just upgrading our evolution. Because we went through the downward cycle, we began to move away from the mental and into an emotional state and we lost the capacity to understand and to function in the mind. Now that we have begun to grow forward through the understanding of the emotional, the mind again is allowed to come forth and manifest its knowledge. So that's why you see technology from 1498 developing onward in its pattern of growth and its change. The technology will continue to grow and bring man a central life in the sense that he will have more time to dwell on the spiritual and to work on his emotional, physical and mental body - to bring them into balance. Technology is really meant to give us the time to do that. Unfortunately, we will end up living for technology if we are not careful. The Atlantean period - we'll see a lot of so-called Golden Ages, just as we have in the past, come and go, come and go until we finally reach an Atlantean cycle once again at the high point of our evolutionary cycle. We are in the fifth post epic of Atlantis. Before that we had the Persian, the Chinese, and so on throughout the downward cycle - these were high points, representing the high points of man's knowledge and wisdom and was a reflection of what was in Atlantis, just as we are a reflection of what was in Atlantis. Maybe not a perfect reflection. The other realms of the yugas, where we have different high points of evolution like China is yet another reflection of another high point in another yuga in a cycle elsewhere.

Q: ? 4th Blue Race (?)

J: No, we are the fifth. The fourth is just ending it's cycle and those are some of the people that may hang back in the astral now.

Q: ?

J: There are a lot of changes to come. The Earth is going to go through a change. The Earth - the planet - is a spiritual being. Just as we are evolving as spiritual beings, so is evolving. And the physical body of him is the planet Earth. As we go through changes physically in our evolution, he himself goes through changes, so it's a natural event that has to happen. The effect that it has on us is for our own growth and change as well. There will be a lot of changes - I don't want to go into them because I don't like to dwell in that realm.

Q: ? prayers - Lord's prayer.

J: Each one shows a different purpose. The Lord's prayer helps to align our own self with our higher self. The great invocation is the call for an extraterrestrial master to come forth. That's a good one - I'll go into that (laughter) I'm going to go over my time here.  
(applause)

At the time of the birth of the Messiah in 1949, there were actually two births that took place. I don't know how many of you are aware of that though. There was a birth of a master of this Earth and the birth of an extraterrestrial master, who does not live on this Earth. The story of the return of the Green Man in a sense is the story of this extraterrestrial master. Throughout eons of time in evolution, man has always been overshadowed by extraterrestrials to help them in their growth. Through this evolutionary cycle that we are going through - if we respond to the master's call - the masters of the physical plane, the hierarchial masters and really do what we need to do to bring about growth properly;

such as respond to the master who was born in 1949 and fulfill his mission - and it's up to us to fulfill it, not him. Then, he will have the right to call upon this extraterrestrial master from outside of our solar system to come forth and either over shadow him and work through him or actually come down in physical embodiment and begin to help upgrade the evolutionary cycles of man. This has happened before in the past in the sense that it has been available to us, but we have never allowed it to happen. It's up to each of us to bring this about - to bring the opportunity about by helping the change, helping the growth of humanity so that the master's will can be fulfilled and the extraterrestrial masters could then come in and would bring about an evolutionary sweep and change that has never manifested here before. The alignment that took place is the introduction of that change for humanity now. If we respond to it, he can come in and begin to do the work properly. But it's up to us to bring about the change and complete the karmic cycle that we have been in for the last 5000 years. If we can complete that karma, wipe it clean and start fresh, he can come in. And the Great Invocation is the call unto him to be ready to be there and to help us to draw him in closer. So that's the difference between the two and that's him that you are seeing up there. There are a couple of people at the back that I think are witnessing his presence.

Q: I have heard for many years that before Christ returns for our salvation there would be a physical embodiment of the antichrist and I wanted to know what you thought?

J: Oooooohhhh. (laughter) Just as I have said that there are three masters on the physical planes of this Earth today, who are working very hard

so there are also three masters

working for the antichrist to come. We have in a sense a balancing structure here going on. Each one is doing his own work, trying to fulfill his own mission in the evolutionary cycles of man. Three are working for the evolvement upward and three are working to hold man here, because here's where they want you to stay. Here they have power over you. These masters know the liberation path and they want you to share in that and not be bound to the physical realm - the physical, emotional, mental nature any more. These masters are the rulers of that realm - physical, emotional and mental - they don't want to let go of you - they want you to stay here and they want to take you with them. So it's up to you as to which masters you want to follow. Mankind as a whole tends to follow the downward path - only a few ever follow the upward path - that's why today, there are only a few here and that's why today, we're not on T.V., like CBN because the masses aren't ever going to follow the path upward - they are going to be content being held here in bondage. They have to learn through these masters that this is a dead end street. The antichrist is in flesh now and he is beginning to do his work just as the greater master is doing his work. There is always a balancing of force. I could go into a lot more detail but I don't know if I should.

You have in the East a rise in the Ossirrus population - a lot of souls came from Osiris to this planet at a point in time in our evolution to work with the downward cycle masters - to help hold us in bondage. The antichrist is working through them at this time and with them at this time. The old Babylonian Persian Empire that once existed is about to rise up once again. This is, in a sense the serpent or dragon in Revelations, that shall rise up in the city. That's one of the symbologies, there are many. He will work from the Middle East to bring about great destruction on the Earth if we ourselves do not respond to the higher and work toward it. We can offset much of that by our own work - our own presentation of light to

the world. He will work to hold man in bondage here while the masters are striving ever to bring us upward in that light. So it will be up to us to respond to the higher rather than the lower. And don't fear him, because he has no control over you unless you give him control. As long as you are in the light, he can not touch you - no one can that wants to harm you. He will have some control over the earth and he will control much of the governmental systems throughout the Earth and he will bring about some destruction but from that destruction will come about a new birth of humanity - a new growth, a new cycle of life that needs to be. We've been going through the last 5000 years trying to wipe out a lot of karma and now we are at that point where it must be wiped clean. And that time when he is in power will simply be wiping the slate clean, just as World War I and II were wiping of the slate. They created karma but it ended karma. Good came out of bad and it will be that way once again. The three lower masters are working right now in governmental systems, trying to bring about a control and destruction where man can not rise up. It is up to us to respond to the masters trying to bring about the good. There are 3 masters working on the physical planes right now to bring about the upward swing and there are 3 masters of darkness working to hold us here.

Q: ?

J: By channelling light, you can actually create a network of light. There is now a net, if you like, of light throughout the world of masters and disciples who are projecting light in this way. By doing this, it has actually begun to cleanse the double etheric aura of the Earth and the lower planes of the astral so that now there is not so much pressure as before from these planes. This is one reason why you see so much of humanity

back in embodiment again because we have cleansed so much of that level and there is no place for them to go. They are not high enough in vibration to go upward so they had to return down, back into this plane so that they could continue their growth. So because that pressure is off, more light is beginning to filter from the higher into the physical plane and beginning to change the evolutionary cycle as never before on this Earth. So continue to project that light, continue to link with other networks of light throughout the world so that this plane in the lower astral and the double etheric can maintain its cleansing process and the light can continue to filter through.

I think I ought to end it now because I need to get on with other things, but thank you very much. (Applause)

DREAMS AND THEIR INTERPRETATIONS

by JIM GORDON

Rec 4-6-82

Ever since antiquity man has regarded dreams as portents of future events. Not only was this view held by whole populations in ancient cultures, but even great philosophers maintained the same opinion. Aristotle, for instance, in his "Eudemian Ethics" associated dreaming with the ability to perceive "both the future and the present". Plutarch wrote that during dreams, symbolic personages often revealed to the dreamer "what will or will not happen, or what should or should not be done".

For many centuries the great mystics have taught their disciples the importance of their dreams and their interpretations. It has only been recent that science has acknowledged this as fact, that dreams play a strategic role in the development of man's conscious relationships with himself and his environment. Parapsychology often places new credence on ancient wisdom and such is the case with dreams. Spontaneous E.S.P. occurs in four different forms; as waking visions, waking impressions, as realistic dreams, and as symbolic dreams. Among reports of these occurrences, it has been observed dreams account for 66-70% of all cases. These findings have indicated to many that perhaps studying dreams might be a fruitful avenue in the understanding of man. Thus we have seen throughout the world a number of laboratories coming into existence for the study of dreams. In universities and in science research agencies alike, clinical psychologists are conducting experiments to gain a deeper understanding of man's dreams and their relationship to his daily life. In the laboratory, studies on sleep and dreams were unfolding new physiologic correlates of states of consciousness. It was apparent that the complexities and shades of consciousness would have to be dealt with.

There is nothing quite so mysterious and awe-inspiring about the human body to the layman, as his brain. And to the biological scientists and layman alike, the constant cryptic flow of electrical energy from the brain, called brain waves, is probably the most intriguing and at the same time the most formidable signal of the bodies intricate, inner mechanisms. Nearly every organ and part of the human body generates an electrical current. Only a fraction of the electrical force developed in body operations is needed for optimal functioning, and for the most part the

what it does

electrical force of the body spills out to be dissipated, virtually unused, into the environment. This is one level of the human aura known as the double etheric, or vital body. } *aura*

Few people know that the brain is literally a constant storm of electrical energy. Electrical energy that could be put to use in the body if directed properly. For decades technicians have been using this electrical force to wiggle recording needles back and forth or make oscilloscope beams jump around, forgetting that this constantly flowing brain force was also a source of power. So in one view of the brain one of the most important sources of energy remains untapped. This is the electrical force that our brain cells produce each millisecond of our lives. It flows constantly, day and night, never ending. Staggering amounts of this energy are dissipated almost constantly because we have not yet learned how to harness this master resource.

This is one of the key energy forces, the electrical force, that the mystics teach their disciples to tune into when attempting to develop along the spiritual path. To yogis, Zen masters, and mystics of other spiritual disciplines, awareness and fine control of the physical self are merely the worldly resources within the reach of every man that can be used to learn spiritual awareness. Long lifetimes are spent in controlled discipline of the mind and its energies, probing for spiritual awareness of communion and unity with the all and nothing of the universe. ?

The interior universe of man, his inner space, can be opened for new exploration in dream study. As man learns more about his internal functioning, he will learn how to communicate information about the new horizons of the mind. But perhaps the greatest consequence will be the possibility that the understanding of dreams will allow the individual to regain control of his own mind and body. We can become aware of new feelings and how they relate to the interior self, and perhaps can become aware of the unexplainable, the self teaching the self to control the inner self. Dream interpretation is an experience, at the same time it may be the mind watching itself evolve. The personal, social, and psychic

implications are enormous.

There are many precious jewels in the storehouse of the sub-conscious which our consciousness rarely permits us to view, and then only fleetingly. For example, the ecstasy of the daydream, or the intriguing imagery just before sleep, or the mysterious logic of the dream. There are strong research hints that we may soon be able to recapture these moments of the ether mind, perhaps even learn to hold them in view and become well acquainted with the world within.

Dreams are the language of the sub-conscious for approximately one-third of man's life. In sleep, man is in a mental and physical state in which this language comes through, first, fragmentarily, and then as attention is focused on it, in more complete patterns. Modern psychologists and psychiatrists recognize their importance as a means of understanding and helping patients. Dr. Freud called dreams "the royal road" to the sub-conscious. Carl Jung, recognized by many as one of the most resourceful explorers of the sub-conscious, states that dreams are specifically, the utterances of the sub-conscious.

The brain wave frequencies at which the brain functions at normal outer conscious activity, is the Beta frequencies. These are the highest frequencies and are usually associated with activity, sense awareness, conscious thought, apprehension, tension, and so forth. As man relaxes and moves closer to a sleep state, the brain wave frequency begins to slow down, entering into the Alpha and Theta frequency levels. Alpha levels are associated with relaxation, states of rest, and relief from attention and concentration. Theta levels are associated with drowsiness, dreaming, and orienting, particularly the assimilation of new information. It is at these two levels, the Alpha and Theta, that man communicates with the sub-conscious and where dreams are induced. Below these two levels lies the Delta level which is the realm of the un-conscious mind.

To begin the study of your dreams and learning the interpretation of the symbols, you will need to obtain a notebook, a scratchpad, a green ink pen, and a flashlight. Set a pen, and scratchpad, and flashlight next to your bed, so they are easy to reach. Then, during the night if you wake up with a dream, note down a few

key words about the dream and then return to sleep. You will find when you awaken in the morning, that these few key words will be all you need to help you remember the dreams.

The flashlight is so you can see what you are writing, without having to get up and turn on a large light. The green ink-pens are used because green has been taught to the sub-conscious as the color meaning go, or proceed, thus proving to be a stimulant for remembrance from the subconscious level to the conscious level. If you have a hard time remembering your dreams, just before going to bed, write seven times in green ink, "I will remember my dreams tonight". If you are willing to devote a little time and effort you can become acquainted with one of the most exciting and interesting dimensions of the real self.

In the morning, upon rising, sit quietly and <sup>①</sup>write down in detail the dreams from the night before. Study them awhile, and make notes of <sup>②</sup>what impressions you first seem to have from the dreams. That <sup>③</sup>evening, refer to the dreams again and see if any new understandings has developed concerning the dreams. If so, make a note of them. <sup>④</sup>Maybe you will see where the dream is referring to the days events, or maybe to some emotional or mental situation in your life. As you continue to do this daily, you will begin to <sup>⑤</sup>note certain symbols in your dreams having certain meanings. Such as a car represents the physical body, or a house represents your emotional and mental nature. <sup>⑥</sup>Whenever you discover a new symbol, make a note of it in a special section set aside in your dream diary as well as your interpretation. Soon you will begin to see the key structure of the sub-conscious language developing.

It is important to remember you are actually learning a new language, the language of the sub-conscious. The reason why so much comes in the form of symbols to the conscious mind from the sub-conscious mind is because the sub-conscious is a completely different realm of reality from the third dimensional conscious realm. The sub-conscious world is actually closer to the "Real World" than that of the conscious mind. Since the conscious mind has learned mainly to deal only with and in its own realm and not with the sub-conscious life, the conscious mind has difficulty in understanding the events and thoughts

from the sub-conscious level. Thus most everything entering from the sub-conscious into the conscious mind enters in the form of symbols. Once the conscious mind understands many of the symbols of the sub-conscious language, the dreams become more real, the symbols become fewer, leaving a clearer remembrance of the events during the night. With study and practice you will find a whole new realm of life that you will learn to move in and out of freely at night with much more conscious memory.

You may first find as you begin to study your dreams and start working with their meanings, that the sub-conscious will throw out a lot of old emotional and mental disturbances you have stored there over the years. As you work through these situations that arise in your dream study, you will find the dream flow from the sub-conscious will gradually clear, revealing more and more of the aspirations, purposes, and the ideals of the inner self, in the Super Conscious. Thus it is possible through the understanding of dreams, to gain the guidance, understanding, and strength needed for a more balanced life.

Eventually the doorway will open into the super-conscious realm of your being and you will enter a whole new world through your dreams. As the sub-conscious mind becomes cleared out and the symbolism understood, the way into the super-conscious is open. With time and practical experience, you will soon be moving through the conscious, sub-conscious, and super-conscious minds of your being. Thus enabling you to learn on all levels of your being and expand your conscious knowledge beyond the physical, third dimensional world. Thus allowing you to know your true nature, that of spirit.

You might also find yourself experiencing astral travel, or out of body experience, and with your work in understanding your dreams and the expansion of your conscious awareness into these new mind levels, you will be able to retain conscious memory of the astral events that take place. You may find yourself traveling somewhere in the world to visit a friend or relative and see how they are doing. Maybe you will go out and do some healing work, or maybe you will find yourself traveling up into higher dimensions, into the "Many Mansions" Christ spoke of. In the higher planes you might find yourself in some school or

university, or, you might find yourself as the instructor of a class. Then you might find yourself travelling to the Ashram or the Temple of your Master. Usually this travel to the Ashram takes place once a year for each disciple. This allows the disciple the opportunity to speak with the Master and plan out the next years events and the duties of the disciple, as well as view the events of the past year and see where one has progressed and where more work needs to be applied. This travel in the higher planes to the " Feet of the Master " does take place for each disciple , even if you are not aware of it, just as travel in the astral takes place nightly, whether or not you remember it consciously. This is why dream development and understanding is so important, because with progress, you will be able to consciously participate in a world far more vast than you ever dreamed possible. You will be able to remember the lessons learned, the classes taught, the healing work done, and your visits with your Master, as well as the work done on the sub-conscious level dealing with the everyday experiences, and working with your mental and emotional self.

Let me at this time share with you some of the events which have happened with me in my dream study. Maybe in this way you will be able to see how it can apply more in your life as well.

On the practical physical side of life, I have been able to use dreams most effectively. Usually just before rising for the day, I find myself going through the days events and seeing who I will be dealing with and the new people I will meet that day. Whether it be in closing a business deal, or going to the movies with freinds, I am prepared for the day because I have it reviewed early that morning. You will also find yourself experiencing this, for we all experience this preview of the day just before rising, though most of us do not consciously remember. This explains the feeling we often have, known as Deja vu, remembering, as though you had been here or through this before.

Also on the practical side, each car I have owned, I first found in a dream. I was shown the color, style, the owner or given his name, and was shown the faults and the qualities of the car. Then after the dream, I went out on the physical level and found the car with ease and assurance.

I have been able to detect illness before it becomes too advanced, enabling me to get to a doctor and seek a cure early in the illness development. If the illness stems from an emotional or mental disturbance, I am shown in my dreams what it is that is the cause and then can correct it.

On the spiritual side of my dream life, I have visited past lives and learned from these visits, why I am where I am today. Often I am shown what, if any, karma I am dealing with at the time. Also I have learned that many of my freinds of the present, are good freinds from the past.

There are memories of attending classes in different schools, such as this university on the fifith plane. Here I have learned a great deal, much of what I have presented here as well as much more.

I remember my visits to my Master's Ashram as well as attending certain great spiritual events on the inner planes, such as spiritual initiations.

I have visited with freinds and relatives who have passed over to the other side and guided some of them thru the death process, or shared with them certain spiritual understandings that might aid them in their journey on the other side.

Through all this process of learning through experiencing, I have expanded my conscious awareness beyond the five, sense, third dimensional world and am able now to enter into many of the higher planes of consciousness at will, which has expanded my meditation experiences.

Also there are dreams of prophecy and prediction. Dreams of prophecy are events that are certain to happen, while dreams of prediction are events that could happen if the energy continues to develop as it has been. These types of precognitive dreams give guidance and allow you to be prepared for upcoming events in your life. One of the best ways to determine dreams of precognition from others, is that dreams of precognition take place in the future time period.

Now let us look at some of the important facts to look for in dreams and at some of the interpretations of symbols. Dreams that are in color often are more of a spiritual source, and relate to your spiritual development. Dreams that are a light washed color, or a tinted water color look, refer to the emotional and mental

nature, dreams of black and white, usually refer to the physical. Remember, there are always exceptions. These are a general rule, not a fixed one. You may find it varies for you.

Also when you are interpreting your dreams, look at them from a spiritual, mental, emotional, and physical viewpoint. You will often find that they relate to several different areas at the same time, thus you will find one dream having several meanings in your life.

As for learning to understand the symbolism of your dreams much of it is up to you. There are some universal symbols which I will give you to help in developing your dream vocabulary. One important point to remember is that dream symbols have a way of changing with the growth of the individual. This is a most important point since the sub-conscious mind is not bound with the fixed standards and yardsticks of the conscious mind. The sub-conscious, like the ocean, moves with the tide. It is in constant flux. For example, if I dream of a specific house known to me on the physical plane, perhaps I dream that this house has termites gnawing at the foundation of the house. The next day I might go over and find that truly there are termites working on the foundation. A year later I might have this same dream again, but on waking I sense inwardly that the house is only a symbol this time. The house now represents to me the condition of my being, my state of consciousness, and the termites gnawing at the foundation of the house now indicates that my condition of well being is undermined by hidden worries and fears.

Now both of these interpretations, one the direct literal, and the other symbolic, may be strictly correct at the time. The whole message of the dream might be shown to read "In the same way that the foundation of the house is being consumed by termites (literal interpretation), you are being undermined by your own petty fears and annoyances (symbolic interpretation). Each of these interpretations are sufficient unto the development of the individual at the given moment. The factor of growth has given the deeper interpretation greater possibilities. For the person of fixed literal ideas and standards this state of reality is extremely hard to understand. That is why it is so necessary to persist, for it is only through practice that you will learn the true interpretations.

Now let's look at some of the symbols of dreams and there meanings:

- \* A car represents the physical body.
- \* The right side of the dream relates to your spiritual and mental nature.
- \* The left side of your dreams relate to your emotional and physical nature.
- \* Anything taking place behind you in dreams refers to something from your past.
- \* Anything taking place to your side or in front of you refers to things taking place in the present.

Example;

You dream that you are driving a car and you have a flat tire on the left in the rear. This is probably a sign that something from your past is causing some emotional or physical disturbance. If the tire was in the front it would show that something in the present was causing some problems. If it was on the right side it would show some disturbance in the spiritual or mental nature.

- \* A house represents your state of consciousness, the size of the house shows you the size of your consciousness. The furniture shows much about how you have furnished your mind, or the type of ideas you live with and surround yourself with. Beautiful furniture reflects good thoughts. Old furniture reflects a consciousness which holds to the past. The basement represents the sub-conscious, the attic represents the super-conscious.
- \* An upper story of the house represents other planes of consciousness. Water represents several things. It might represent a cleansing, or shows you the clarity of your thoughts, if the water is muddy then your ideas are not that clear while if the water is clear it shows you that your thoughts are clear and you understand the subject or ideas. Water can also represent your higher consciousness or the Super-conscious mind.
- \* Fire means purification, often is seen in dreams where an initiation is taking place.
- \* Hands represent the mind, so be aware of your hands and what they are doing or what they are holding, for it will show you much about your present conscious activity.

- Dreams of death show you the death of old ideas or conditions surrounding you. Pay close attention to the surroundings for it will hold a clue as to the ideas that are changing or dying off in your consciousness. Also pay close attention to the people in the dream for whatever that person represents to you is what type of ideas are dying in you.
- \* Friends or relatives may represent themselves in the dream, or they may represent ideas within yourself. Ask yourself what that person represents to you.
  - \* Food usually means spiritual knowledge and eaten it means taking in knowledge. I have eaten some of the best food over on the other side, especially the lamb.
  - \* Someone shooting at you or you running from someone usually is telling you that someone is sending ideas to you and you need to work with this energy surrounding it with love and then sending out again.
  - \* Schools in a dream mean going to a place in the higher planes and studying.
  - \* Getting a degree shows you that you have overcome something or worked through something and have reached a completion with it. It is a form of an initiation.
  - \* Animals represent our emotions, cats represent independence and spiritual energies. Dogs represent dependence or the buddhic plane. Elephants represent good memory, fish mean spiritual awareness. Bulls mean stubborn, set in ways of emotions, have a hard time with changes, determined.
  - \* If you dream of someone who is well known publicly usually you are communicating with your higher spiritual self. This would be like dreaming of the President, the Pope, or someone in that type of life style.
  - \* If you dream of celebrities such as movie stars you are receiving guidance from a rather high source.
  - \* If you dream of policemen you are getting high spiritual energy or guidance to help you in a certain situation.
  - \* Glasses mean trying to see things more clearly or that you need to view things again to get a better view or understanding of the ideas.
  - \* Wind is psychic energy.

Tornadoes and storms represent turmoil. It can be on any level and so it will be up to you to see what level it relates to at the time.

- \* Corner of a street represents a change of direction.
- \* Money represents power.
- \* Hair represents strength, the longer the hair the more the power.
- \* Trains represent one way behavior, can't deviate.
- \* Scales or bikes represent balance.

There are many more symbols and interpretations but much of it will be up to you to get the interpretations for yourself because each of us do have our own symbols. . . . These are just a few to help you understand how to break the code of your dreams. These interpretations that I have given are general and the symbols may have different meanings for you.

Before asking if there are any questions, let me ask you how many of you have ever had the dream of falling and waking up before you hit the ground. What is the interpretation of this dream. You have left the physical body to go out and experience in the astral and while there something happens that makes you uncomfortable or something that you do not want to face, you go rushing back to your physical body to escape the astral. Since you have not learned to understand the symbolic language of the sub-conscious, the conscious mind has a hard time putting across what really happened on the other side. So your conscious mind makes an attempt at stating what happened and it comes out as falling. With practice you will interpret the coded language of the dream world and soon you will remember clearly the events on the other side at night.

The study of dreams and their interpretations is one of the easiest and most natural way of expanding your consciousness into higher dimensions and open up to awareness of your spiritual self and the greater world beyond this one.

August 1975

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## Meditation - The Art of Introspection

Concentration - refers to that which has a common center or is moving toward a center, and is best expressed by the term 'one pointedness'.

Force applied through a single point acts more effectively and seems far greater than the same force simultaneously exerted on many points.

The Rish Sri Ramana Maharshi -  
"An average man's mind is filled with countless ~~countless~~ thoughts and therefore, each individual one is extremely weak. When in place of these many useless thoughts, there appears only one, it is a power in itself and has a wide influence."

The practical study of concentration opens to us the world not only of results, but also of cause, and lifts us beyond the slavery of uncontrolled feelings and thoughts.

An amazing illustration of the direct influence of concentrated human will power on matter is that of a needle turning in a glass of water. This is one of the techniques Madame Blavatsky used in training her disciples, Annie Besant.

Talking only wastes your will power and greatly impedes the success of the exercise. Moreover, the curious thoughts of those who know about your efforts will persecute you and only add to the burden of unwanted thought you are trying to destroy. It will be enough if you know this and observe silence thereby avoiding disappointment.

Prayer -

that which prays is not a foreign and separate entity worshipping some far off Lord of the world. It is a ray of the light of the ~~Absolute~~ Absolute which asks of its source and not of some cruel deity, and which pays homage to the same central infinite light. It is apparently (but only apparently) a temporary + finite lens.

{ - You are not your mind, which should be your servant and not your master. }

Actual success means nothing less than the understanding of the mind's nature and source, and the simultaneous transcending of both these factors. It is entering into a new state of concse. about which you cannot possibly know of or ~~anticipate~~ anticipate.

Check your motives as to why I want to develop concentration + med. for they must be crystal clear in purpose to achieve the final goal.

If it is for psychic development, for the ability to control or persuade others, or to set yourself up as better than others, etc. then you will only find defeat in the end. If it is for other reasons such as become one w/ the Divine - you and self - etc. then you will achieve the final goal with time + persistence.

Two ways of Attainment (Ramana Maharishi)  
First - try to discover the truth within yourself by means of Vichara - (self inquiry) only then when you know your true self, will you know

The great Self or God and His relationship to the illusory universe.

Secondly - if you are unable to work with self inquiry, surrender yourself together with all your problems to the Supreme Being. If you persevere the solution will come of itself as in the first instance and attainment is always the same.

### Concentration - Meditation - Contemplation

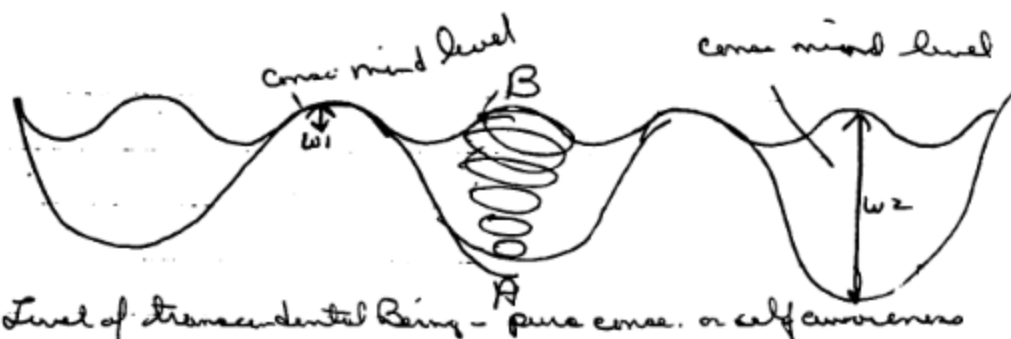
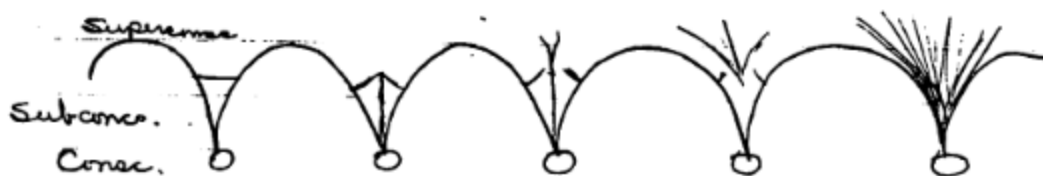
When our thinking processes are closely connected with the physical world and its affairs, we are using the lowest part of our mind, and then operate in the well-known realm of almost automatic reactions to the happenings around us.

An initiate Studies + Realizes  
A Layman - Reads + Talks

The highest state of meditation is called  
Samadhi or the State of Grace

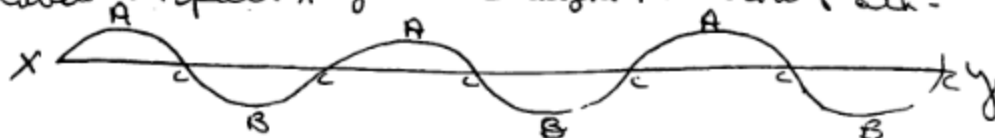
The Final Destiny of All is the Achievement of  
Happiness & Peace

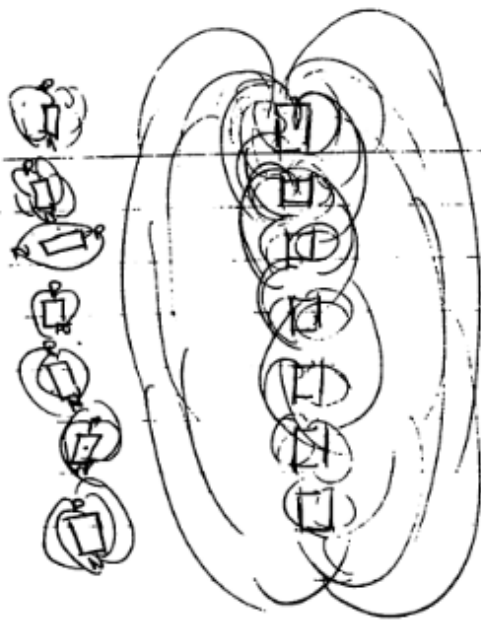
Remember that you and your mind are not  
one & the same



The process of thinking starts from the deepest most refined level of consciousness & becomes grosser as it develops, eventually becoming gross enough to be perceived on the surfaced level of conco.

Normal man travels the path of A-B - where the spiritual transcended man travels the path X-Y - the straight & narrow path.





This explains chakra & Body Development  
on 7 levels

The increasing interest in meditation, in these days, seems to arise from a deep need within man to know himself, to find a psychological basis for action that is wise, true, integrated, action which springs from the center rather than from the periphery of his awareness. Many are finding in meditation a way to inner freedom and serenity, however restricted and troubled the outer circumstances of their lives may be. The mind is dual and can be turned either outward to the world of sense perception or inward at will. It has been defined as "a state of consciousness maintained for a sufficient period of time to bring a realization of the inner nature of that which you are meditating. It is not a retreat from life, it is not losing oneself in sentimental daydreaming. Rather, it is a means by which one's daily life becomes reoriented and one gains mastery over his life.

If you have practiced meditation in previous lives, you may find it easier this time to develop the necessary qualities; although it is said that even if one

has completely mastered the technique in other ages, he must still train his present personality to respond to the inner will. A common temptation among those who aspire deeply is to try to force results by short cut methods which may do violence to their own powers. We do not make ourselves by violence.

In meditation, one begins the long and often tedious task of 'altering the personal mind' so that it becomes no longer automatically responsive to the emotions and the senses but rather turns rationally, for stimulus and direction, to the Divine Self, the Root of all.

Meditation is not so much the impetus which sets our inner pedulum in motion as it is the removal of all obstacles which deflect the natural vibration of this pedulum.

In meditation we embark upon an adventure of self-recreation. S

Regularity is very important

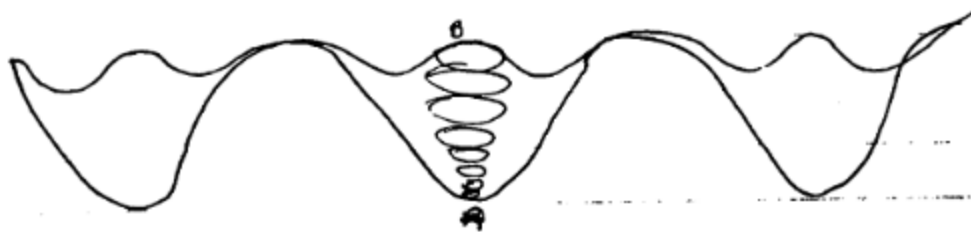
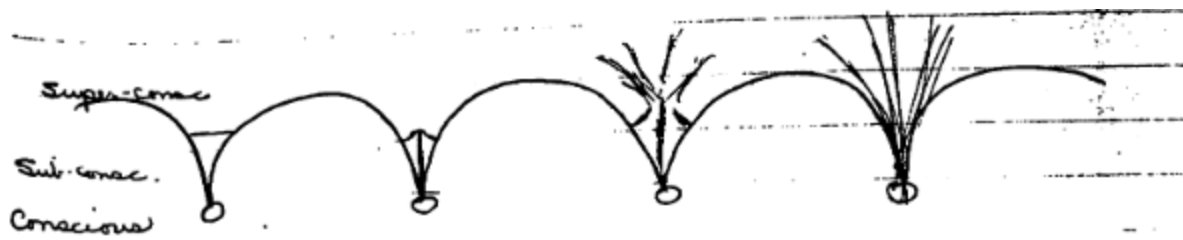
Don't want to explain to you my philosophy concerning meditation and what I have found through the years of meditation & study

Meditation is something that must be learned and not something that just happens. The Art of Meditation & introspection is one that takes a strong willed & determined person to get the results that are aimed for in med. The majority of people today who practiced med. do not really have a full picture of what it is they are after, the true purpose of med. Nor does the majority know the laws governing med. and how to direct consciousness to the proper level to achieve the desired goal. Most people believe you just sit quietly and allow the mind to dwell on something inspiring or empty the mind and then "see what you can pick up".

True meditation is the striving after the attainment of oneness w/ the Father, the God Self. To obtain the goal man must learn the laws of the functioning of his mind and emotions and learn to control them rather than they controlling him. To become the conqueror

man must work every moment to learn the way his mind functions and learn then to conquer this powerhouse. He must also be aware of his emotions and desires, understand them and control them. These are the first steps to meditation.

The art of Concentration - control of the mind, emotions, and body through your will power is the first step. Practicing certain techniques that are good for developing concentration and paying close attention to all that is happening to the self of you and learn how it really functions and controls you. As you begin to pay attention to these functions of the lower self and begin to develop control through the concentration tech. you will begin to be aware that there is something beyond the lower self of body emotions and mind. You may not grasp full meaning or definition of what this self is. You are finding beyond the lower self, but you do begin to feel as though you are somehow not the lower self but a separate self living experiencing and expressing within the lower self, this self is the Higher Self. The Soul Self of you.



In learning to control - understand - and overcome  
or go beyond your emotions, do not avoid  
them - rather flow with the energy  
of the emotion all the time observing the  
emotion from a mental viewpoint - thus  
working towards a mental understanding  
of a strong feeling - emotion.

As you begin to achieve an understanding of  
the emotion you realize that the stimulus  
of the present emotion is not the true cause  
of the emotion. Rather the cause of the  
emotion stems from an incident in the  
past - and the present situation  
has only stimulated certain emotional  
blocks from the past. Now for hearts  
strive to understand the true cause  
of the block.

With this realization you will learn  
the only real power the emotion has over  
you, is the power you give it.

One way you can become aware of your emotions -  
and achieve a better understanding of them,  
is through the observation of your dreams.  
Many of you may have had some realization  
of this and tried to achieve some under-  
standing but the important part  
to understanding of a dream is

the understanding of the symbol the subconscious uses in coding the message to the conscious mind. The reason why the subconscious mind puts its messages in a symbolic form and not in an actual statement of fact is that we often do not want to face truth about ourselves. So what the subconscious does is to break down the message symbolically and presents it to the conscious mind, leaving a gentle hint of the actual statement - letting the conscious working on the gentle hint til finally it realizes the facts presented and begins the conscious effort to work on the problems presented helping to eliminate the problem from the subconscious.

'You can make an effort to observe nightly your dreams - keeping a written record and then study your dreams and the events of the recent past and the present and see how the dream might relate to the events - always being aware of the possibility of hidden meaning or obscure symbols. Study them well and learn to break the code - and then you will have a reliable source of self understanding. Also keep your dreams around and see how they may relate to the future.

If they don't relate to the present or past, see after a passage of time and review of the dreams - if they related to the future events. Some will and some you will be able to understand which ones are prophetic dreams and which ones relate to your life in other ways. Why all this talk about dream interpretation and understanding of symbols in dreams when we are studying meditation? Remember that in meditation we are working first at understanding and communicating with our sense emotions and thoughts and then we delve deeper into ourselves - the subconscious, and it is at this level that much received in a meditative state are of a symbolic nature. Therefore we must learn what these symbols mean and how they relate to us on a conscious level. One of the easiest way to observe, study, and interpret the symbols, is through study of our dreams for here is where we are exposed to the most of our symbols in a shorter time than in a meditative state. Thus we can view more symbols and gain an understanding of more symbols further through their study.

With an understanding of the symbols  
we can also understand our meditations  
easier as well. Also with your working  
in understanding your dreams and then  
working to release the subconscious  
blocks and pressures by using the  
dreams to give us a better understanding  
of the deeper person, we can make  
our meditations easier and advancement  
quicker - because the energy used  
in meditation is then used more  
for spiritual awareness and action  
instead of attempting to work through  
the subconscious block - this brings  
you on the conscious level with the use  
and understanding of dreams

Numbers & meanings

Let's look at some of the symbols you might find in your dreams. First let's look at the symbolism of numbers in dreams -

#1 Represents man standing upright in oneness of self. Also can mean alone - New beginning

#2 Represents balance - Balance between man and woman; masculine + feminine positive + negative,

#3 Represents the trinity, the physical emotional and mental levels in man striving for balance and harmony

#4 Represents man standing upright reaching into the past and stretching forth into the future. Man striving to balance out his karma from the past and striving to move forward through balancing out of the inner.

#5 Represents - going past Karma -  
working out of karmic situations  
Man striving to understand  
the physical self of himself  
after a spiritual viewpoint.

#6 Man striving for and obtaining  
to some degree and understanding  
and balancing of the physical  
Perfecting of the physical  
6

#7 Man ~~striving~~ striving for an  
enrichment in spirit. The  
number of creation and can be a  
meaning of some sort of creating  
or creative nature.

Represents the same level of life -  
determine the environment it is  
in & see the level of self it is referring to.